

LUNCH MENU



UB Child Care Center

Winter/Spring 2024-2025

	Monday	Tuesday	Wednesday	Thursday	Friday
I	Chicken Nuggets ♦Veggie Nuggets Buttered Noodles (WGR) Green Beans Apples Milk*	Soft Tacos (ground turkey) w/ Black Beans Whole Grain Tortilla Shredded Cheddar Cheese Chopped Lettuce Diced Tomatoes Tropical Fruit (canned) Milk*	Hot Turkey w/ Gravy ♦Veggie Burger Apple Cinnamon Muffin (WGR) Butternut Squash Oranges Milk*	Whole Wheat Pancakes Turkey Sausage ♦Veggie Sausage Hash Browns Applesauce Milk*	Cheese Pizza on Whole Grain Crust Black Olives (on the side) Broccoli Pineapple (canned) Milk*
II	Goulash (whole wheat elbow macaroni w/ ground turkey & sauce) ♦Soy Meatballs/Plain Sauce Cauliflower Bananas Milk*	Grilled Cheese Sandwich on Whole Wheat Bread Cooked Carrots Peaches (canned) Milk*	Whole Wheat Penne Pasta w/ Alfredo Sauce & Grilled Chicken ♦Veggie Nuggets Broccoli Apples Milk*	Sloppy Joes (ground turkey) w/ Whole Wheat Roll ♦Soy Meatballs/Plain Sauce Peas Oranges Milk*	Grilled Chicken w/ Gravy & Biscuits ♦Veggie Nuggets Mashed Potatoes Applesauce Milk*
III	Soft Tacos (ground turkey) w/ Refried Beans Whole Grain Tortilla Shredded Cheddar Cheese Chopped Lettuce Diced Tomatoes Tropical Fruit (canned) Milk*	Cheese Pizza on Whole Grain Crust Black Olives (on the side) Broccoli Pineapple (canned) Milk*	Whole Wheat Penne Pasta w/ Plain Sauce & Turkey Meatballs ♦Soy Meatballs Shredded Parmesan Cheese Green Beans Bananas Milk*	Chicken Nuggets ♦Veggie Nuggets Buttered Noodles (WGR) Sweet Potato Fries Apples Milk*	Whole Wheat Pancakes Turkey Sausage ♦Veggie Sausage Hash Browns Applesauce Milk*
IV	Turkey Burger on Whole Wheat Roll ♦Veggie Burger Green Beans Apples Milk*	Turkey Meatloaf ♦Soy Meatballs Corn Muffin (WGR) Mashed Potatoes Applesauce Milk*	Chicken w/ Feta Cheese and Hummus Whole Wheat Grilled Pita Chopped Lettuce Diced Tomato Greek Dressing Bananas Milk*	Whole Wheat Penne Pasta w/ Alfredo Sauce & Grilled Chicken ♦Veggie Nuggets Broccoli Bananas Milk*	Grilled Cheese Sandwich on Whole Wheat Bread Cooked Carrots Pears (canned) Milk*

*Milk served is whole, non-fat, or soy.

All meat products are chicken or turkey. Sandwiches served on whole wheat bread.

♦ indicates vegetarian alternative

UBCCC is an Equal Opportunity Provider / If your child has a food allergy, please notify us.